

THE TAHOE MOUNTAIN MILERS & SAGEBRUSH STOMPERS RUNNING CLUBS PRESENTS:



# THE 31st ANNUAL KIRKWOOD 5K/10K

and 1/2 MILE & 1 MILE KIDS FUN RUNS  
SATURDAY, SEPTEMBER 3, 2011



“RUN AT A HIGHER LEVEL”



Come to Kirkwood on Labor Day Weekend and run a great event! We will be presenting a **10K Trail Adventure Run**, a **5K Road Run**, and a **1/2 mile & 1 Mile Kids Fun Runs** on Saturday, September 3. The proceeds will benefit the Kirkwood Volunteer Fire Department.

\*\*\*\*\* **GRAND PRIZE DRAWING, COURTESY OF KIRKWOOD SKI RESORT** \*\*\*\*\*  
 ONE DOWNHILL SKI PASS and ONE CROSS COUNTRY SKI PASS  
 Typical odds 1 in 125 (Winner must be present to qualify)

**DATE/LOCATION:** Saturday, September 3, 2011 at Kirkwood Ski Resort, located between Caples Lake and Silver Lake on Highway 88 near South Lake Tahoe.

**PACKET PICK-UP AND RACE-DAY REGISTRATION:** 8:15 AM – 9:00 AM

**RACE START:** 9:00 AM for Kids Fun Runs, immediately followed by 5K and 10K events

**AGE DIVISIONS:** 0-12; 13-15; 16-19; 20-29; 30-39; 40-49; 50-59; 60-69; 70+ Age divisions will be recognized.

**AWARDS & PRIZES:** Unique ceramic medals to all finishers in the 5K and 10K. Medals to all 12 and under participants in the Kids Fun Run. Prize drawings after conclusion of all races.

**ENTRY FEES:** **Early Pre-Registration \$30 before August 20; Late Pre-Registration \$35 Aug. 21- Sept. 1; Race Day \$40** members of TMM / SBS / Running Clubs\*).

Club Members: \$5 discount for Tahoe Mountain Milers and Sagebrush Stompers with Early Pre-Registration only.

Family (3 or more): \$5 discount per person on Early Pre-Registration only.

Youth Track/Cross Country \$10 (will not receive event swag nor club or family discount)

\$10 Kids Fun Run (**NO SHIRT**)

(Shirts will be for sale after the race, WHILE SUPPLIES LAST)

**PAYMENT:** Checks payable to "Tahoe Mountain Milers", P.O. Box 14456, South Lake Tahoe, CA 96151

**ONLINE REGISTRATION:** www.race360.com

**CONTACT INFO:** Race Director Carol Nageotte (775-588-2864), email: [tahoecarol@charter.net](mailto:tahoecarol@charter.net)

See <http://www.tahoemtnmilers.org> for details

|  |   |   |   |    |                                  |                                 |   |   |  |                                      |  |           |  |                 |                |  |               |  |              |  |  |  |  |
|--|---|---|---|----|----------------------------------|---------------------------------|---|---|--|--------------------------------------|--|-----------|--|-----------------|----------------|--|---------------|--|--------------|--|--|--|--|
| First Name   |   |   |   |    |                                  |                                 |   |   |  | MI                                   |  | Last Name |  |                 |                |  |               |  |              |  |  |  |  |
| Date of Birth (mm-dd-yy)   |   |   |   |    |                                  |                                 |   |   |  | Age                                  |  | Sex       |  | Mailing Address |                |  |               |  |              |  |  |  |  |
| - - - - -  |   |   |   |    |                                  |                                 |   |   |  |                                      |  | M F       |  |                 |                |  |               |  |              |  |  |  |  |
| Zip or Postal Code   |   |   |   |    |                                  |                                 |   |   |  | City                                 |  | State     |  |                 |                |  |               |  |              |  |  |  |  |
| - - - - -  |   |   |   |    |                                  |                                 |   |   |  |                                      |  |           |  |                 |                |  |               |  |              |  |  |  |  |
| Phone Number   |   |   |   |    |                                  |                                 |   |   |  | Email Address (Please print clearly) |  |           |  |                 |                |  |               |  |              |  |  |  |  |
| - - - - -  |   |   |   |    |                                  |                                 |   |   |  |                                      |  |           |  |                 |                |  |               |  |              |  |  |  |  |
| T-Shirt Size   |   |   |   |    | Event Distance                   |                                 |   |   |  | <i>Event Info Only:</i>              |  |           |  |                 | <i>Check #</i> |  | <i>Amount</i> |  | <i>Bib #</i> |  |  |  |  |
| S  | M | L | X | 2X | <input type="checkbox"/> 10K Run | <input type="checkbox"/> 5K Run | <input type="checkbox"/> 1/2 Mile Kids (no shirt) | <input type="checkbox"/> 1 Mile Kids Fun Run (no shirt) |  |                                      |  |           |  |                 |                |  |               |  |              |  |  |  |  |
| <b>\$5 Club Membership Discount (Early Pre-Registration Only. Postmarked by 8/20)</b><br><input type="checkbox"/> TAHOE MOUNTAIN MILERS <input type="checkbox"/> SAGEBRUSH STOMPERS <input type="checkbox"/> \$10 Youth Track/Cross-Country member ( <b>NO SHIRT</b> ) |   |   |   |    |                                  |                                 |   |   |  |                                      |  |           |  |                 |                |  |               |  |              |  |  |  |  |

**ALL ENTRANTS MUST SIGN WAIVER (PARENT/GUARDIAN IF UNDER 18)**

**Waiver:** In consideration of accepting this entry into this event, I the undersigned, do hereby for myself, my executors and administrator, waive and release any and all rights and claims for damages I may have or acquire against any beneficiaries, organizers, sponsors, advertisers, employees and Federal, State and local governments or private parties on whose property this event may be run, or any and all injuries suffered by the participant due to participation in the event.

**Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_